

Resource Bank for Parents

The below bank of resources cover *Home Learning, Mental Health, Online Safety, Food Poverty, Help for Businesses and Domestic Abuse*

You can find further help on the drop down menu under 'Well-being in Action'.

Home Learning Help

In school, we use research carried out by the *Education and Endowment Trust (EEF)* as the basis for a lot of our staff training and professional development. They have now launched an excellent set of resources for parents, including **support with routines, tips for reading and ideas to help your child understand the world around them.**

https://educationendowmentfoundation.org.uk/covid-19-resources/support-resources-to-share-with-parents/?mc_cid=7dede45ca9&mc_eid=9af60fed2b

The following website provides support for children and families with **special educational needs** <https://contact.org.uk/>

Guidance on **helping children aged 2 to 4 learn at home** can be found here:

<https://www.gov.uk/guidance/help-children-aged-2-to-4-to-learn-at-home-during-coronavirus-covid-19>

Guidance on **helping primary school aged children learn at home** can be found here:

<https://www.gov.uk/guidance/help-primary-school-children-continue-their-education-during-coronavirus-covid-19>

Guidance on **helping children with special educational needs and disabilities learn at home** can be found here: <https://www.gov.uk/guidance/help-children-with-send-continue-their-education-during-coronavirus-covid-19>

There are a **wide range of excellent resources** on the revamped *BBC Bitesize*.

<https://www.bbc.co.uk/bitesize>

There is a new collection of **high quality lessons and resources** on the new *Oak National Academy*, backed by the government

<https://www.thenational.academy/>

If you're looking for some **music lesson resources and inspiration**, try *Sing Up*.

<https://www.singup.org/singupathome>

In school we use an organisation called **Premier Sports** to provide additional sporting opportunities. They post a physical activity each day at 3.30pm that you can use at home.

Click the link to find out more:

<https://m.youtube.com/channel/UCLNV8D56t6RV0wbsPnbnYeA>

Torbay Library has opened up its digital library for free which includes eBooks, eAudiobooks, eMagazines, online resources and Ancestry, available to access from home by visiting the [Torbay Libraries](#) website.

A company called *Code Camp World* is offering free online resources and learning for **computer programming**. Go to codecampworld.com to sign up if you are interested.

If you are looking for **creative activities**, *Big Foot Arts Education* has opened up their website for free access to a wide range of resources that you can download. Follow the link: <http://bigfootartseducation.co.uk/free-creative-activities-for-kids/>

Chatter Pack – load and loads of **free resources and activities** that look fantastic

https://chatterpack.net/blogs/blog/resources-list-for-home-learning?mc_cid=7d9e0facf0&mc_eid=39c65ae04f

Mental Health Help

An updated toolkit can be found here

<https://www.mentallyhealthyschools.org.uk/media/2008/coronavirus-mental-health-and-wellbeing-toolkit-3.pdf>

Online Safety at Home Help

Please see the *Parent Info* feed on the homepage of the website for the most comprehensive and up to date support for a wide range of areas.

Food Poverty Help

This continues to be the number one issue that families are dealing with in Torbay. **If you are struggling to feed your family or know others who are, please phone the school office and we will do our very best to help, for example by making a referral to Torbay Food Alliance for you.**

Torbay Businesses Help

Torbay Local Authority are working on projects to support the community and businesses. A community fund and grants are being set up. If you might benefit from these or know someone who might, please see their website for further detail: www.torbay.gov.uk

Domestic Abuse at Home Help

These challenging times can create extra tension for everybody. Please know that here at school, we are always open to listen, share advice and provide a safe place should you need it. Please also read the below message from the Local Authority that is being communicated by all schools.

Is having to spend more time at home because of the current crisis causing you anxiety or distress? This could be for any number of reasons. One might be because spending lots of time together just creates extra tension within families, but it will have more impact on you and your children if this extra tension is caused by domestic abuse at home. You might think that domestic abuse is something that happens to other people, but if someone is controlling your mind or finances, hurting your body, or threatening to hurt the people you love then that is domestic abuse.

Services are still available to offer advice, help and support during the current situation and you can access a 24/7 webchat facility with Victim Support via the Victim Care Unit website <https://victimcaredevonandcornwall.org.uk/> If you, or someone you know, is living with domestic abuse it is not OK. Always contact the police on 999 if you believe you are in immediate danger.

Information and advice can also be found on the [Are You OK](#) website together with a directory of services and some useful [toolkits](#).