

**What is HAF?** HAF is a national scheme funded by the Government to ensure that children have access to food and activities over the school holiday periods. Local Authorities are required to deliver x4 hours per day for x4 days per week in one week in the Easter and Christmas holidays and x4 weeks in the summer holiday.

**Who is it for?** The programme is aimed at children and young people who are attending primary or secondary schools (aged 5-16 years) who are in receipt of benefit based Free School Meals (FSM). The main aim of HAF is to reduce isolation and 'holiday hunger' for children and young people when schools are closed.

Having Fun

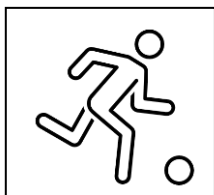
Enjoying Food

Making new friends

Learning new skills

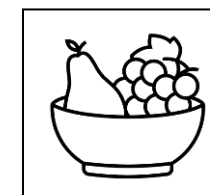
Keeping active

Being creative



# HAF (Holiday, Activities and Food)

## Also known as 'Healthy Holidays'



**How does it work?** Torbay Council commissions a variety of projects run by different organisations across Torbay. These are then advertised and parents or carers are asked to book the available places for their child/children. Each project is required to provide a hot meal, a physical activity, and an enrichment activity.

**Where can I find out more?** [Healthy Holidays - Torbay Council](http://www.torbay.gov.uk) [www.torbay.gov.uk](http://www.torbay.gov.uk)  
[Holiday activities and food programme 2022 - GOV.UK \(www.gov.uk\)](http://www.gov.uk) [www.gov.uk](http://www.gov.uk)

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