



## Relationships

Key vocabulary:

- personality
- Self-esteem
- Online community
- Screen time

# Relationships

**#Lovetozing**  
An online group for local kids and teenagers who enjoy performing. We also meet every Sunday at the community centre. Come and join us. 56 members.

**#LOLfunnyvids**  
An internet site for sharing and commenting on hilarious video clips from around the world. 2,345,674 members.

What is the impact of too much screen time?

**Are you having too much screen time?**

**Physical signs**

- Tired, sore eyes or blurry vision
- Aching back or neck
- Putting on weight / losing weight
- Tiredness / Headache
- Finding it difficult to get to sleep
- Feeling hungry or thirsty when using the device

If we see it online, does it make it true?

Online safety—Private or okay?

- Would you tell someone online your home address?
- Would you tell someone your username from a video game?
- Would you tell someone online your age?
- Would you tell someone online how many