

St Margaret's Academy KS1 Fun Newsletter

Issue 2
15.01.21

Welcome to another week of news, fun facts, jokes and more created just for YOU by your friendly Year 1 and 2 team. We hope you are staying safe and enjoying your learning, whether it be in school or at home.



Local News

Did you know that a lot of people have seen dolphins swimming in the sea around Torquay? There were many sightings over Christmas (even one by Mrs Price's daughter) and one person spotted them as recently as last Friday!

A group of dolphins is called a "pod" or a "school" and pods of up to 30 dolphins have been seen in the waters around Torbay.

In recent years, porpoises, tuna and some types of shark have been seen near to where we live and, of course, you can often see "Sammy the Seal" if you go down to Oddicombe beach. Let us know if you see any interesting wildlife when you are out for your daily exercise.



Joke Corner

Why was number 10 scared?
Because 7 8 9 (seven ate nine)

Knock knock. Who's there?
Lettuce! Lettuce who?

Lettuce in, it's cold out here!

Fun Facts

Did you know.....?

Crazy but true!

Kangaroos can't walk backwards!

Hippopotamus milk is pink!

Snails can sleep for up to 3 years!

In Year 1, lots of you have been busy making friendship chains. Hopefully we will all be able to meet up with our friends again soon.



Big News!

Kyron-John has lost his first tooth. I wonder if the tooth fairy paid him a visit.



If anyone wants to know how to make a pair of homemade cat ears just ask Fletcher.



Lola even had a go at one of her brother's Home Learning tasks!



The birds won't go hungry! Ethan and Archie have sent in photos of the amazing bird feeders they have made.



Recipe Idea – Apple Doughnuts

Ingredients

- 150g soft cheese
- 2tsp honey
- 3 apples (use a crunchy eating variety)
- 3-4 tbsp almond or peanut butter (optional)
- Coloured sprinkles

Method

1. Mix the soft cheese with the honey and set aside
2. Peel the apples, then slice each through the core into five or six rings, about 1cm thick. Use an apple corer or a small round biscuit cutter to stamp out a circle from the middle of each slice, removing the core and creating doughnut shapes.
3. Pat the slices dry using kitchen paper – they should be as dry as possible for the topping to stick.
4. Spread some nut butter over the slices if using.
5. Top with the sweetened soft cheese.
6. Decorate with sprinkles and eat!

What makes this a healthy treat?

The apple is a fruit which contains lots of vitamins and minerals that help to keep you healthy.

The soft cheese contains calcium which is good for making your bones strong. You can swap it for a dairy free alternative if required.

The honey makes it sweet without having to use lots of processed sugar so it is better for you.

The nut butter contains protein which is good for developing your muscles but it can also contain fat which is not so good so don't use too much. It's a good idea to check for allergies as well!

The sprinkles are not so good. They contain lots of processed sugar and colourings but it's okay to have a fun treat sometimes as long as you don't have too much! You could try experimenting with your own alternative decorations – let us know what works well!

Have a go at drawing your own Fred to help you with your phonics

Keeping Fit

Make sure you keep fit and healthy during this time. It is important to exercise. Evelyn has set herself a running challenge. She ran 1 mile last week and 2 miles in 20 minutes this week. Watch out Mrs Blackburn - she will be catching up with you in your marathons next!

