

Fun Newsletter

Welcome to our fifth KS1 "fun newsletter" made just for you! We hope you are all keeping well in body and mind. You have all been doing amazing learning both at home and school and you should be very proud of yourselves! Spring is just around the corner so here are some spring themed activities for you to try at home. Have fun!

The Snowdrop Fairy

Deep sleeps the Winter, Cold, wet, and grey; Surely all the world is dead; Wait! the world shall waken; Spring is far away. It is not dead, for lo, The Fair Maids of February Stand in the snow!

~by Cicely Mary Barker



Next time you are out for a walk why not Nature challenge!! try to see how many signs of spring you can discover? There are so many wonderful wildflowers around us. Take a peek at this guide to learn more. https://www.countryfile.com/wildlife/tr ees-plants/british-seasonal-wildflowers-Buide-how-to-identify-when-to-see-andwhere-to-find-them/



You will need:

- A mall flat bread or tortilla wrap
- Cream cheese spread (or dairy free alternative)
- Fruits of your choice (berries, kiwi, apple, pineapple, banana etc) Method:
 - 1. cut your fruit into small slices or
 - 2. spread cream cheese onto tortilla wrap 3. arrange your fruit how you wish

Have fun and get creative! You could even name your creation!

Check out more healthy snack ideas at: https://www.verywellfamily.com/healthysnacks-preschoolers-can-make-4136184





Q: What did the ground say to the earthquake? A: You crack me up! Q: When do astronauts eat? A: At launch time

all February "y mis bach" Which means "little month". Cows can sleep standing up, but

- they can only dream lying down. 3. Honeybees can flap their wings
 - The familiar 'twit twoo,' sound of 200 times per second.
 - the tawny owl is made by a male and female pair. The female's main call is the 'twit' sound and the male's reply is the loud 'twoo' sound.

Make your own paper Snowdrop Flowers

Things you will need: -

White paper Green paper A straw (or piece of green paper rolled into a straw shaped tube)

Scissors pen glue stick

Follow along with this video tutorial below ...you'll soon have a vase full! https://www.youtube.com/w atch?v=1CdEcnAV27w



Yoga Belly Breathing

As it's <u>Children's Mental Health Week</u> here's a simple calming activity to help you be kind to your mind!





- 1. Place your hands on your belly finger tips touching and imagine it is a balloon. Inhale inflate the 'balloon'-feel your belly get bigger and fingers move apart.
- 2. Exhale deflate the 'balloon' -feel your belly get smaller and your fingers touch again.
- 3. Repeat at your own pace allowing your breath to flow naturally. Let calm wash over you as your mind and body relax. Practice whenever you need.

Photo Gallery

Celebrating all your wonderful work this week!



part of maths and learning about money. What a fab idea!

Zoe's lovely creation using Scratch for





