

- Know that aging is a natural process including old-age
- Know that some changes are out of an individual's control
- Know how their bodies have changed from when they were a baby and that they will continue to change as they age
- Know the physical differences between male and female bodies
- Know the correct names for private body parts
- Know that private body parts are special and that no one has the right to hurt these
- Know who to ask for help if they are worried or frightened
- Know there are different types of touch and that some are acceptable and some are unacceptable

In this Puzzle we will look at different life cycles in nature including that of humans. We will reflect on the changes that occur between baby, toddler, child, teenager, adult and old -age. Within this, we will also discuss how independence, freedoms and responsibility can increase with age. As part of a school's safeguarding duty, pupils are re-taught the correct words for private parts of the body (those kept private by underwear: vagina, penis). They are also reminded that nobody has the right to hurt these parts of the body.

Changing Me **Questions for Family Learning** What is a life cycle?

JIGSAW

Collectable

PSHE

Year 2

- How have you changed since you were a baby?
- How will you change over the next year / 5 years / 20 years?
- · What changes can you / can't you control?
- Which parts are your private parts?
- Who is allowed to see them?
- What would you do if someone was touching you and you didn't like it?
- · Who can you talk to if you ever feel worried or frightened? (at school / at home)
- · What is your favourite part of Jigsaw lessons?

Vocabulary

Change, Grow, Control, Life cycle, Baby, Adult, Fully grown, Growing up, Old, Young, Change, Respect, Appearance, Physical, Baby, Toddler, Child, Teenager, Independent, Timeline, Freedom, Responsibilities, Male, Female, Vagina, Penis, Public, Private, Touch, Texture, Cuddle, Hug, Squeeze, Like, Dislike, Acceptable, Unacceptable, Comfortable. Uncomfortable, Looking forward, Excited, Nervous, Anxious,