

You can win
a Greggs voucher!
See below.

Chili dog wraps

Feeds 4 Cost £1.99



1 x tinned chili con carne
1 x tinned hot dogs
1 x pack of 8 wholemeal wraps

Cooker Method

1. Empty the chili con carne into a pot and follow the heating instructions on the tin.
2. Either:
 - Place the hot dogs (without their liquid) in with the chili to heat both together – OR
 - Heat the hot dog liquid and hot dogs in a separate pot or pan.
3. In each wrap, place one hot dog and 2-3 spoons of chili, not too near the ends.
If you happen to have an onion, you could sprinkle a little chopped onion on the chili.
If you happen to have a bit of cheese, a little cheese on the chili might be nice.
4. Roll the wrap around the filling, folding up a small part of one end to prevent the filling dropping out.
5. Plate up and serve!

If your children might make a mess with chili in the wrap, simply wrap the hot dog and serve the chili in a bowl. If you have ketchup, the children might like it on the hot dog.

Microwave Method

1. Empty the chili con carne into a microwavable bowl and follow the heating instructions on the tin.
2. Either:
 - Place the hot dogs (without their liquid) in with the chili to heat both together – OR
 - Heat the hot dog liquid and hot dogs in a separate bowl – or place 2 hot dogs at a time on a microwavable plate and microwave for 30 seconds or until heated.
3. In each wrap, place one hot dog and 2-3 spoons of chili, not too near the ends.
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Our meal kits use ingredients with a long shelf-life to ensure that the food is still in good condition when you cook the meal.

After you've tried it -- How did you like it?

Please take a moment to say what you liked or did not like about this meal kit, using the short survey at <https://forms.gle/qfGQ1pucRVh4WZot8> (you can scan the QR code with your phone) or write to us at **TorbayFACT@gmail.com**.



Two families that reply will win a Greggs voucher worth £20!

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